

Who We Are

WorkLifeBalance.com is the internationally recognized leader in work-life balance education and related time management, stress management and leadership training. Our work/life philosophy instills a commitment to daily Achievement and Enjoyment for leaders and individuals in both their personal and professional life.

Our business commitment is to drive organizational performance by teaching managers and employees concrete tools that measurably improve customer service, project management and productivity on the job while increasing each individual's value and balance off the job.

What We Do

Our training and support programs are proven to measurably increase customer satisfaction, employee job satisfaction, performance, teamwork and conflict resolution. (see Results at right). Offering both live and online training, WLB enables organizations to choose the optimal program and delivery method for their leaders & employees to achieve maximum results.

WLB training and development programs are based on a skill set comprised of 5 proprietary tools that can be used both on and off the job. Our tools deliver “**dual-purpose**” results; individuals learn to utilize their new skill with their customers in both their work and home life for maximum retention and results. Training and ongoing development programs based on the Five Steps are offered in four tracks:

- *5 Steps to Better Work-Life Balance™*
- *5 Steps to Better Time Management™*
- *5 Steps to Better Stress Management™*
- *Work-Life Balance for Leaders™*

We deliver the training results you've always wanted. Then we make those results last over a lifetime

Why Dual Purpose Training Multiplies Results

When you take care of your managers and employees they take care of your customers. The 5 customer-centric steps substantially improve internal and external customer skills while helping each individual create more value and balance with their “customers” off the job. This dual purpose training shows the organization cares about the employee and provides the tools for the employee to take care of the customer. The results:

- A Customer Focused Culture
- Higher Customer Satisfaction Ratings
- Higher Employee Satisfaction Ratings
- Increased Productivity & Decreased Turnover
- A substantial Return on Investment (10 to 1 is the average annual ROI from our training)

Unmatched Measured Results

91% report being more productive

24% work productivity increase on average

21% reduction in turnover costs

96% completion on program identified customer priorities

91% still using tools after 2 months

99% would recommend

Contact Us For more information or to find out how our training can help your organization:
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